

# Student Success Resources

## ACADEMIC AND CAREER ADVISING RESOURCES

### TYKESON COLLEGE & CAREER ADVISING

**Location:** 1st /2nd Floor of Tykeson Hall and Unthank Hall  
**Phone:** 541-346-9200  
**Front Desk chat** [here](#).

Academic and career advising for majors within the College of Arts & Sciences.

- Explore the flight paths [here](#).
- Schedule an appointment with an advisor or connect on drop-in [here](#).

### OFFICE OF ACADEMIC ADVISING

**Location:** 101 Oregon Hall  
**Phone:** 541-346-3211  
**Front Desk chat** [here](#).

Academic advising and support for students who are exploring majors, need to pursue a retroactive petition process or support around academic standing.

- Schedule by calling the front desk or sending the front desk a Teams message via chat [here](#).

### CENTER FOR MULTICULTURAL ACADEMIC EXCELLENCE

**Location:** 1st Floor of Oregon Hall  
**Phone:** 541-346-3479  
**Email:** [cmae@uoregon.edu](mailto:cmae@uoregon.edu)  
**Chat or schedule an appt** [here](#).

Support and programs for underrepresented and historically underserved students.

- Peer tutoring, cultural connection time, multicultural advising, library loan, a study space in Oregon Hall, connections to student groups and more.

More information about CMAE's services and programs [here](#).

### TRIO STUDENT SUPPORT SERVICES

**Location:** 1st Floor of Oregon Hall  
**Phone:** 541-346-3211  
**Email and other contact info** [here](#).

Support and Services for first-generation students, students who meet socioeconomic criteria, or have a documented disability. Services for eligible students includes advising, tutoring, financial supports, counseling and community connections

- Application and eligibility criteria available [here](#).

### PATHWAY OREGON PROGRAM

**Location:** 1<sup>ST</sup> Floor of Oregon Hall  
**Phone:** 541-346-3211  
**Email, phone and chat** [here](#).

If you are a PathwayOregon recipient, you have a team of advisors to support your success. Help navigating campus, discovering resources, understand academic requirements, graduation planning and answering financial aid and student billing questions.

- You can schedule an appointment with a PathwayOregon advisor [here](#).

### UO CAREER CENTER

**Location:** Garden Level of Tykeson Hall (050)  
**Phone:** 541-346-3235  
**Email:** [career@uoregon.edu](mailto:career@uoregon.edu)

Meet with career readiness coaches to discuss career paths, help finding a job on or off campus, earn credit for internships, find networking opportunities and discuss next steps after graduation.

- Set up your handshake account and schedule an appointment [here](#).

### ACCESSIBLE EDUCATION CENTER

**Location:** 3rd Floor Oregon Hall  
**Phone:** 541-346-1155  
**Email:** [uoaec@uoregon.edu](mailto:uoaec@uoregon.edu)

The AEC provides access and inclusion support for students with disabilities

Help establishing course accommodations such as exam adjustments, notetaking, sign language interpretation and adaptive technology. They can provide academic planning and other accessibility support and advocacy.

- Read more about AEC services and make an appointment [here](#).

### INTERNATIONAL STUDENT & SCHOLAR SERVICES

**Location:** 3rd Floor of Oregon Hall  
**Phone:** 541-346-3206  
**Email:** [intl@uoregon.edu](mailto:intl@uoregon.edu)

Support and Resources for International Students

- ISSS advisors can answer visa compliance questions, help international students connect with English language partners or student groups, and discuss other opportunities and scholarships
- Start a chat, email or connect on social media [here](#).

# TUTORING AND LEARNING RESOURCES

## TUTORING & ACADEMIC ENGAGEMENT CENTER

**Location:** 4th Floor of the Knight Library  
**Phone:** 541-346-3226  
**Email, call or chat** [here](#).

- Drop-in tutoring hours for math, science, writing and language on [the 4<sup>th</sup> Floor of the Knight Library](#), and in [The Academic Success Hub \(LLC North 123\)](#). Connect with small group or class encore tutoring [here](#).
- Study Strategies Support; schedule with a learning specialist or a peer academic coach, find study skills resources and tips [here](#). Check out the learning strategy courses they offer [here](#).

## FENTON HALL MATH LIBRARY

**Location:** 218 Fenton Hall

Connect with math drop-in homework help for 100/200 level MATH courses during library hours, more information [here](#)

## BRADDOCK TUTORING CENTER

**Location:** 240 Lillis

Free tutoring for pre-business and business majors. For economics, math, accounting and other business-related courses. Find the schedule [here](#).

## SUPER CHEM AND SCIENCE TUTORIAL ROOMS

Allan Price Science Commons

Tutorial rooms for CIS, Geology, Biology, Physics and A&P find the schedule [here](#). SUPeR chem schedule [here](#).

# WELLNESS AND ENGAGEMENT RESOURCES

## UNIVERSITY COUNSELING SERVICES

**Location:** 2nd Floor of the Health Center  
**Phone:** 541-346-3227

- Get started with [short-term individual therapy](#), find [group therapy options](#) or work with a [case manager](#) to find a therapist off-campus, or connect with [Let's Talk](#) Drop-in consultation support.
- Take a [wellness assessment](#), check out wellness apps, [find a self-care toolkit](#) and resources for coping. Find all of the University Counseling Center's services [here](#).
- The UCS phone number connects to a crisis line after-hours.

## THE DUCK NEST

**Location:** Ground Floor EMU, room 041  
**Phone:** 541-346-2770

Self-care, stress reduction, nutrition, and overall wellness resources. Attend virtual workshops, connect with peer wellness advocates, explore tips/strategies for finding a balance and prioritizing wellness, help enrolling in SNAP benefits. Find their wellness resources and upcoming events [here](#).

## UNIVERSITY HOUSING

**Office:** Justice Bean Hall Complex West  
**Phone:** 541-346-4277  
**Email:** [housing@uoregon.edu](mailto:housing@uoregon.edu)

Support for students living in University Housing; help resolving conflict, getting connected to peers and faculty, formal and informal advising, counseling, mentors, and assistance living/learning on campus. More information and contact info [here](#).

- Schedule an appointment with your Community Director (CD) in your residence hall and connect with the Resident Assistant (RA) for your community.

## OFFICE OF FINANCIAL AID & SCHOLARSHIPS

**Location:** Oregon Hall 287  
**Phone:** 541-346-3221

Support for students who receive financial aid or scholarships, as well as financial education resources. Connect with financial aid counselors via phone, in-person or remote drop-in hours [here](#).

- Attend a workshop or connect with a financial coach in the UO Financial Wellness Center [here](#).

## GET CONNECTED

[Engage and Get Involved](#)   [Find Events](#)   [Exploring the EMU](#)

## OTHER RESOURCES

[Basic Needs Resources and Support](#)   [Winter 2023 Term Deadlines](#)  
[Resources for Dreamers Students](#)   [Undergraduate Research](#)