### **Student Success Resources**

### Academic and Career Advising Resources

### TYKESON COLLEGE & CAREER ADVISING

Location: 1st /2nd Floor of Tykeson Hall and Unthank Hall Phone: 541-346-9200 Front Desk chat here. Academic and career advising for exploring student with a declared flight path or a major within the College of Arts & Sciences.

- Explore the flight paths <u>here.</u>
- Schedule an appointment with an advisor or connect on drop-in <a href="here">here</a>.

## CENTER FOR MULTICULTURAL ACADEMIC EXCELLENCE

Location: 1st Floor of Oregon Hall Phone: 541-346-3479 Email: cmae@uoregon.edu Chat or schedule an appt <u>here</u>. Support and programs for underrepresented and historically underserved students.

- Peer tutoring, cultural connection time, multicultural advising, library loan, a study space in Oregon Hall, connections to student groups and more
- More information about CMAE's services and programs here.

### TRIO STUDENT SUPPORT SERVICES

Location: 1st Floor of Oregon Hall Phone: 541-346-3211

Email: triosss@uoregon.edu

Support and Services for first-generation students, students who meet socioeconomic criteria, or have a documented disability. Services for eligible students includes advising, tutoring, financial supports, counseling and community connections

Application and eligibility criteria available <u>here</u>.

#### **PATHWAYOREGON PROGRAM**

Location: 1<sup>ST</sup> Floor of Oregon Hall Phone: 541-346-3211 Find their Email, phone and chat <u>here</u>. If you are a PathwayOregon recipient, you have a team of advisors to support your success. Help navigating campus, discovering resources, understand academic requirements, graduation planning and answering financial aid and student billing questions.

• You can schedule an appointment with a PathwayOregon advisor here.

#### **UO CAREER CENTER**

Location: Garden Level of Tykeson Hall (050) Phone: 541-346-3235 Email: career@uoregon.edu Career readiness and exploration support.

- Meet with career readiness coaches to discuss career paths, help finding a job on or off campus, earn credit for internships, find networking opportunities and discuss next steps after graduation.
- Set up your handshake account and schedule an appointment <u>here.</u>

# INTERNATIONAL STUDENT & SCHOLAR SERVICES

Location: 3rd Floor of Oregon Hall (300 W) Phone: 541-346-3206 Email: intl@uoregon.edu Support and Resources for International Students

- ISSS advisors can answer visa compliance questions, help international students connect with English language partners or student groups, and discuss other opportunities and scholarships
- Start a chat, email or connect on social media here.

### **Tutoring and Learning Resources**

# TUTORING & ACADEMIC ENGAGEMENT CENTER

Location: 4th Floor of the Knight Library Phone: 541-346-3226 Email, call or chat <u>here</u>. Tutoring and study skills support

- Drop-in tutoring hours for math, science, writing and language on the 4<sup>th</sup> Floor of the Knight Library, and in The Academic Success Hub (LLC North 123).
- Study Strategies Support; schedule with a learning specialist or a peer academic coach, find study skills resources and tips (including workshops) <a href="here">here</a>. Connect with small group or class encore tutoring <a href="here">here</a>. Check out the learning strategy courses they offer <a href="here">here</a>.



## ACCESSIBLE EDUCATION CENTER

Location: 3rd Floor of Oregon Hall, Suite 360

Phone: 541-346-1155 Email: uoaec@uoregon.edu The AEC provides access and inclusion support for students with disabilities

- Help establishing course accommodations such as exam adjustments, notetaking, sign language interpretation and adaptive technology. They can provide academic planning and other accessibility support and advocacy.
- Read more about AEC services and make an appointment <u>here</u>. Or fill out their appointment request form <u>here</u>

#### FENTON HALL MATH LIBRARY

Location: 218 Fenton Hall

Connect with math drop-in homework help for 100/200 level MATH courses in person or via zoom <u>here</u>

## BRADDOCK TUTORING CENTER

Location: 240 Lillis

Free virtual or in-person drop-in hours for pre-business and business majors. For economics, math, accounting and other business-related courses. Find the schedule and how to connect to tutoring <a href="https://example.com/here.">here.</a>

# SUPER CHEM AND SCIENCE TUTORIAL ROOMS

Allan Price Science Commons

Tutorial rooms for CIS, Geology, Biology, Physics and A&P find the schedule <u>here.</u> SUPeR chem schedule <u>here.</u>

#### Wellness and Engagement Resources

## UNIVERSITY COUNSELING SERVICES

Location: 2nd Floor of the Health Center Phone: 541-346-3227 Get started with individual or group therapy options or work with a case manager to find a therapist near you.

- Take a <u>wellness assessment</u>, check out our wellness apps, <u>attend a workshop</u>, <u>find self-care toolkits</u> and resources for coping. Find all of the University Counseling Center's services here.
- The UCS phone number connects to a crisis line after-hours. You can find other emergency resources <u>here</u>

#### THE DUCK NEST

Location: Ground Floor EMU, room 041

Phone: 541-346-2770

Self-care, stress reduction, nutrition, and overall wellness resources.

 Attend virtual workshops, connect with peer wellness advocates, explore tips/strategies for finding a balance and prioritizing wellness, help enrolling in SNAP benefits. Find their wellness resources and upcoming events here.

#### **UNIVERSITY HOUSING**

Office: Justice Bean Hall Complex West

Phone: 541-346-4277

Email: housing@uoregon.edu

Holistic support for students who live in University Housing; assistance resolving conflict, getting connected to peers and faculty, formal and informal advising, counseling, mentors, and assistance related to living and learning on campus. More information and contact info here.

• Schedule an appointment with your Community Director (CD) in your residence hall and connect with the Resident Assistant (RA) for your community.

### OFFICE OF FINANCIAL AID & SCHOLARHIPS

Location: Oregon Hall 287 Phone: 541-346-3221 Support for students who receive financial aid or scholarships, as well as financial education resources.

- Connect with financial aid counselors via phone, in-person or remote drop-in hours here.
- Attend a workshop or connect with a financial coach in the UO Financial Wellness Center here.

#### **GET CONNECTED**

Engage and Get Involved EMU Events UO Campus Calendar

#### **OTHER RESOURCES**

Basic Needs Resources and Support Fall 2022 Term Deadlines

Resources for Dreamers Students Undergraduate Research

UNIVERSITY OF OREGON